



JOSLYN RECREATION CENTER NEWSLETTER SEPTEMBER 2024

Pinedorado is behind us now, and Fall weather is coming. Joslyn Center's Cambria Chorale is just beginning practice for their holiday season and recruiting new members. Cambria Dance and Social Club is planning an Oktoberfest, and the weather is perfect for Lawn Bowls, Pilates, Dancercise, Inner Rhythm, Table Tennis and many more active clubs. Soon our exterior signs will be refreshed, with a view to making the clubs inviting! Take advantage of all the opportunities Joslyn Center has to offer: check out www.joslynrec.org

There are still Executive Board positions available and nominations are open for the November 9th 2024 General Meeting to vote on Joslyn Center Officer positions. We need YOU!

CLUB NOTES:

INVESTMENT CLUB: (limited to 20 members) has a rare opening for a new member. There is a buy-in required, and each member has a share of the club's portfolio.

The investment Club's goal is to beat the averages and give the members a profit! For more details or to apply, contact Mark Berry 310.418.6086

POKER CLUB: provides you with the opportunity to play affordable poker right here in Cambria. "Dealer's Choice" poker is every Thursday at 6:15p in the Conference Room. Buy in is for a \$5.00 or a \$25.00 table, you choose. We also have a monthly tournament and buy-in is \$20, with \$20 re-buy for a limited time. This month the game is Texas Hold'em and the Tournament is September 14 at 6:15p in the Main Hall. For questions, call Manya 805.927.5000 cell/text

ROUGH WRITERS: Juan Luzuriaga will conduct a session "Poetry: Sacred Ink" at the 2024 Central Coast Writer's Conference on October 5, 2024 at Cuesta College. cuesta.edu/community programs.

Short stories by Rough Writers Susan Chase, John Lamb, and Maryann Grau were finalists in the 2024 SLO NightWriters Golden Quill contest and will be considered for publication in the NightWriterReview.

BRIDGE CLUB:

– W. Somerset Maugham

“No matter where I go, I can always make new friends at the bridge table.”

Looking to meet people in town and/or find something new to do with your spouse, come learn bridge. If you already know how to play, join us for enjoyable and friendly games.

- **Refresher/Learning/Fun Bridge:**
 - Tuesdays: 1:30 p.m. – 4:00 p.m.
- **Partners Bridge:**
 - Thursdays: 6:00 p.m. to 9:00 p.m.
- **Duplicate Bridge::**
 - 2nd and 4th Wednesdays
 - 1:00 p.m. – 4:00 p.m.

Contact Deanna Straugh (310) 995-0744 and she will direct you to the right place.



Friday Night Ecstatic Dance!

Inner Rhythm is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other.

For us the dance floor is a playground, a teacher, a healer.
There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

Inner Rhythm is a 70-90 minute dance journey. Every **Inner Rhythm** dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness.

We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria

\$5.00 admission • Vist us on Facebook

CLEANUP CLUB: September's Cleanup club is Fishing Club!

CAMBRIA COMMUNITY CHORALE: We're still offering an open invitation to all members of the Joslyn Center: Have you considered joining the Cambria Community Chorale? We began our Fall/Winter season practices on August 20, but if you join you can still be part of the fun. We meet every Tuesday from 9:00a to 11:00a for our weekly practice sessions, with optional separate session practices also. The Chorale performs four times yearly, with two performances in December for the Fall/Winter season, and two in May for the Spring season. Auditions are not our norm. If you have a fundamental desire to sing and can carry a tune, we'd be delighted to have you join us. For more details and dues information, check out our website at <https://cambriachorale.org/>. We're looking forward to singing with you.

SPIRIT DANCE AND DRUM CIRCLE: No experience in drumming is necessary to enjoy the pleasure of a drum circle. Our next Full Moon Drum Circle will be Monday September 16 at 6:30p in the Main Hall. Bring your own refreshments, and a rhythm maker—if you don't have one we do have loaners. Also, bring a donation for the Joslyn Center. Check the Joslyn web site for details: www.joslynrec.org



CAMBRIA DANCE AND SOCIAL CLUB

September 11 2024 is OKTOBERFEST!!

Join us for an early Oktoberfest Party. Dress is casual. In addition to your potluck contribution bring your favorite beverage, dishes, utensils and glasses (disposable is OK if you wish). Coffee, water and a good time will be provided.

Later this year, the following dances are planned:

October 23—Time for a Halloween Celebration!

November 13—This will be the annual “Turkey Shoot”

December 11—Annual Holiday party!

For more information, contact Pat Burbank via the JRC office

TABLE TENNIS: Joslyn's Table Tennis Club held its annual potluck August 10 at the beautiful home of members Felicia and Stewart Bader. Thirty members and guests attended the event, and enjoyed great food, axe throwing (!!), laughs and of course table tennis. The event is pictured below:



FISHING CLUB: Let's go fishing! The club enjoys a discounted day of deep-sea fishing. Join the fun at the Joslyn Center.



Join us this year at the Joslyn Center! Dave Stiles, Board President